

GOSPEL (John 17:4-11)

Jesus looked up to Heaven and said: 'Father, I have finished the work you sent me to do, and have told my friends all about you. They know that you sent me here, and that through your power, I have been able to do many wonderful things. They have listened to me teaching and they truly believe in you. Father, I pray that you will keep them safe and watch over them always. When I have gone, the world will still be able to see the glory of God through their faith and love.'

The apostles knew how important it was to pray to God, but like us, they often felt uncertain about what to say. One day they asked Jesus to teach them how to pray. What was the prayer he taught them? - The Lord's Prayer- *Our Father*.

When we pray it is important to remember several things;

- prayers can be simple thoughts and words coming straight from the heart.
- spend a little time with God each day, it doesn't matter where or when.

Sometimes God doesn't seem to give us what we pray for. Do not give up praying, keep on talking to God and listening, for he knows what is best for you, even if it is not what you expected.

When we pray, we don't just *ask* God for things we want. Remember to praise and thank him for his goodness, to tell him about ourselves and others and say sorry if we have done wrong, share your prayers with other people, at school, at home, at Church. Jesus said, 'When two or three of you gather together in my name, I'll be there with you.' The Holy Spirit helps us to pray, even if we do not know what to say to God. God will understand us without having to use words.

Link to video about the Lords Prayer

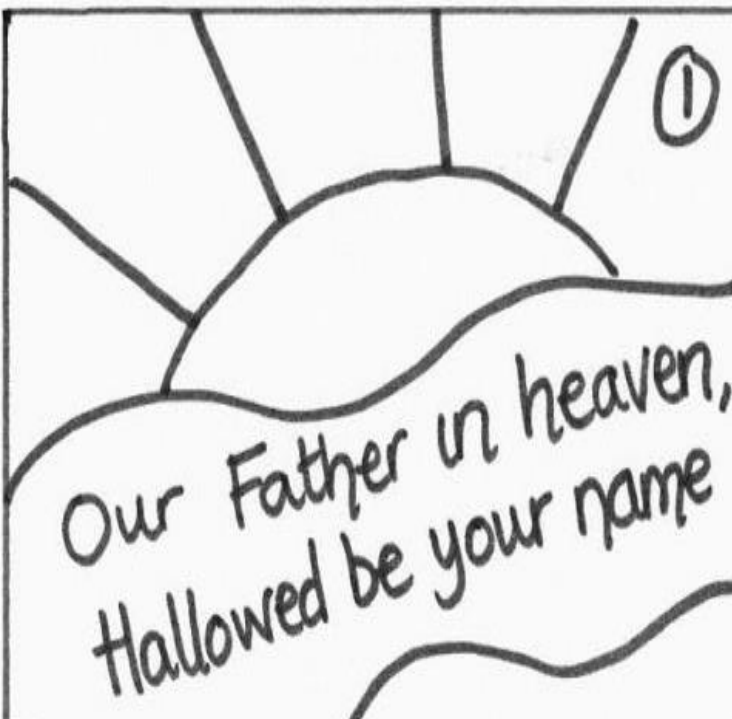
<https://drive.google.com/open?id=1xxE8jCAogwpMfyFs1YgyiMuNLHZVrbk>

Activity

The Lords Prayer in 6 pages / cards. Card 5 is a Hi-Viz jacket representing the protection God provides when we pray. See next page. Colour the pictures and cut them out to create 6 pages that can be either held together with a staple in the top left corner or by a piece of string treaded through a hole in the same corner.



①



Our Father in heaven,
Hallowed be your name

Your Kingdom ②



Come,
your will
be done
on Earth
as it is
in heaven

Give us today our
daily bread ③

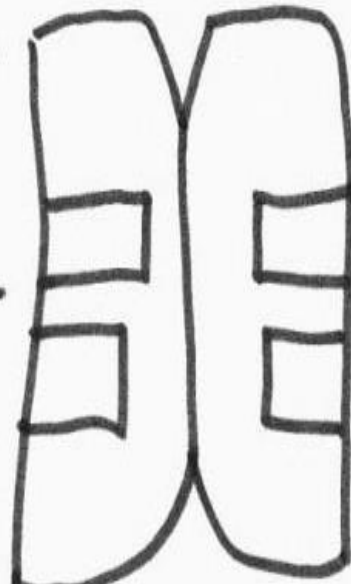


Forgive
us our
sins ④



As we
forgive those
who sin
against
us.

Lead us not
into temptation ⑤



But deliver
us from
evil

For the Kingdom, ⑥



the Power and the glory
are yours forever, Amen.